



Boot Camp Schedule

April – September 2019

Day 1	April 11, 2019	<ul style="list-style-type: none"> • Orientation (9:00am start) • Strengths-based leadership
Day 2	April 12, 2019	<ul style="list-style-type: none"> • Communicating with confidence and credibility
Day 3	May 17, 2019	<ul style="list-style-type: none"> • Cultural Competency & Managing Unconscious Bias • Developing Emotional Intelligence
Day 4	June 13, 2019	<ul style="list-style-type: none"> • Assessing Leadership (360) • Stress Management/Self-Care
Day 5	June 14, 2019	<ul style="list-style-type: none"> • Develop & Manage Capacity for Personal Change
Day 6	July 19, 2019	<ul style="list-style-type: none"> • Leadership & Gender in the workplace • Working effectively with Multiple Generations
Day 7	August 9, 2019	<ul style="list-style-type: none"> • Strategy and Organizational Change
Day 8	August 16, 2019	<ul style="list-style-type: none"> • Network or Networth? • Negotiating for Success
Day 9	September 12, 2019	<ul style="list-style-type: none"> • Executive Presence /Packaging Yourself for Success • Effective Presentation Skills
Day 10	September 13, 2019	<ul style="list-style-type: none"> • Developing Your Personal Leadership Plan • Closing Session & Graduation

Time: Sessions typically run 9:30am -4:30pm

Location: Sessions are typically held at the Indiana Wesleyan University & Conference Center located at 4100 Rockside Road, Independence OH 44131. Directions and addition information can be found [here](#).

Updated Jan 02, 2019

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Day 1	<p>Orientation Purpose: Introduction and overview of program components. Objectives: Understand expectations of participants and supervisors; Responsibilities of leadership; Importance of intentionality and engagement; beginning of participant networking.</p>
	<p>Strengths-based leadership Purpose: Discover your most dominant talents, strengths, and areas of greatest skill. Objectives: Clarify individual strengths. Learn how to effectively utilize strengths in leadership, management, problem solving, and decision-making.</p>
Day 2	<p>Communicating with confidence and credibility Purpose: Increase your ability to communicate effectively as a team member or team leader. Objectives: Recognize the impact of perspective on your success. Recognize differences in communication preferences. Reduce listening barriers.</p>
Day 3	<p>Cultural Competency & Managing Unconscious Bias Purpose: Understand what it means to be a culturally competent individual and how culture and diversity affect our unconscious biases. Objectives: Ability to identify how culture, diversity, and unconscious bias affect our individual performance and decision-making. Learn strategies to recognize and overcome unconscious bias triggers.</p>
	<p>Developing Emotional Intelligence Purpose: Understand the value of emotional intelligence in the workplace and personal life. Objectives: Gain a better understanding what it means to be emotionally intelligent. Understand how improving and developing your EQ leads to better self-management, self-awareness, and better job performance.</p>
Day 4	<p>Assessing Leadership (360 Review) Purpose: Understand the meaning and value of individual leadership and influence. Identify the behaviors and actions of exemplary leaders through the use of a 360 leadership assessment. Create a follow-up development plan. Objectives: Review individual 360 assessments. Identify personal leadership strengths and behaviors. Define the exemplary practices of leaders. Accept constructive feedback and apply towards professional and personal development. Create a vision that inspires team success.</p>
Day 5	<p>Develop & Manage Capacity for Personal Change Purpose: Increase ability to develop and manage personal change. Objectives: Understand the systemic nature of personal change and hidden forces that stall personal change. Discover how your mindset affects behavior.</p>
	<p>Stress Management/Self-Care Purpose: Understand benefits of stress management and self-care in your personal life and career. Objectives: Evaluate your current levels of stress and self-care practices. Learn about and practice techniques for stress management and self-care. Create a plan for the future.</p>
Day 6	<p>Leadership & Gender in the workplace Purpose: Gain understanding of gender communication differences in order to become more effective communicators and leaders. Objectives: Recognize personal and cultural differences in gender styles. Increase flexibility in adapting style to workplace culture. Speak assertively in various workplace situations.</p>
	<p>Working effectively with Multiple Generations Purpose: Gain knowledge and understanding of an inter-generational diverse workforce, as well as differences and similarities that can drive personal and professional growth and success. Objectives: Increase knowledge of each generation; the multiple layers of diversity, styles, and cultural differences; generational discrimination; and how to address and overcome to improve performance.</p>
Day 7	<p>Strategy and Organizational Change Purpose: Learn how to accept and embrace change as an individual contributor. Objectives: Understand organizational change, individual change management, and the change cycle. Apply key strategies to effectively deal with change. Explore strategies for managing resistance.</p>
Day 8	<p>Network or Network? Purpose: Understand the need and ability to network to enhance career. Objectives: Networking as a career enhancer. Understanding of the role social media can play in networking. Create and enhance personal brand.</p>
	<p>Negotiating for Success Purpose: Build and enhance the necessary skills to enter real-life negotiations with confidence and understanding. Objectives: Explore the fundamentals of the art of negotiation. Discuss its applicability in peer-to-peer and peer-to-manager relationships. Introduce the practical application of negotiation tools through role play.</p>
Day 9	<p>Executive Presence /Packaging Yourself for Success Purpose: Build confidence and apply tangible steps to present a positive self for success. Objectives: Self-packaging; Eliminate derailing habits; Increased credibility and executive presence.</p>
	<p>Effective Presentation Skills Purpose: Understand what makes an effective presentation, with or without a PowerPoint. Objectives: Learn the key elements of an effective presentation, including using presentation software. Practice speaking and presenting without visual aids.</p>
Day 10	<p>Developing Your Personal Leadership Plan Purpose: Develop a game plan for your development and a structured methodology to create the plan and follow through. Objectives: Create the vision for your development for 12-18 months out. Develop a training plan (90 day action plan). Determine how to hold yourself accountable.</p>

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